

Cheek to Cheek

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Music: "Cheek to Cheek" by Frank Sinatra (Amazon song id 262536958)
<https://www.youtube.com/watch?v=xKase2yEch4>

Rhythm & Phase: Quickstep, Phase V + 1 + 1 (Four Quick Run, Chasse Weave)

Footwork: Opposite (*except where noted*) **Original Time:** 3:06 at 41 MPM

Sequence: Intro, A, A Mod, B, C, A, D, C, A, Ending **Tempo:** 45 RPM (Adjust for comfort)

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Intro (8 measures)

1 – 4 Wait ; ; Explode Apart ; Shape Together Touch ;
-- 1–2 {Wait} Wait fcg ptr and wall, trl hnds jnd, ld hnds tchg in frnt, ld ft free ; ;
S-- 3 {Explode Apart} Apt L w/ld arm sweeping up and out CCW (*W CW*) end in lunge OP fcg LOD, -, -, - ;
S-- 4 {Shape Together Touch} Rec R trng to fc ptr w/ld arm sweeping in to tch ptr's ld hnd tch L to R, -, -, - ;

5 – 8 Circle Walk 4, DLW ; ; Together Touch [CP DLW] ; Box Finish [CP DLC] ;
SSSS 5–6 {Circle Walk 4, DLW} Circling CCW (*W CW*) fwd L, -, fwd R, - ; fwd L, -, fwd R to fcg ptr DLW, - ;
S-- 7 {Together Touch} Fwd L to CP w/slight RF rotation & stretch, -, -, - ;
SQQ 8 {Box Finish} Bk R comm LF trn, -, sd L, cl R in CP DLC ;

Part A (16 measures)

1 – 4 Chasse Weave [BJO DLW] ; ; ;
SQQ SS 1–4 {Chasse Weave} Fwd L comm LF trn, -, sd R, cl L ; sd R cont slight LF trn, -, bk L BJO RLOD, - ;
SQQ SS Bk R CP RLOD trng LF to CP wall, -, sd L, cl R ; sd L slight LF trng to BJO DLW, -, fwd R outsd ptr, - ;

5 – 7 Running Forward Locks [BJO DLW] ; ; Hairpin [BJO DRW] ;
QQQQ QQS 5–6 {Running Forward Locks} Fwd L, lk RIB, fwd L, fwd R ; fwd L, lk RIB, fwd L BJO DLW, - ;
SQQ 7 {Hairpin} Fwd R comm RF trn, -, w/L sd stretch fwd L trng RF, cont RF trn fwd R outsd ptr to BJO DRW chkg ;

8 – 12 Outside Spin [CP RLOD] ~ Right Turning Lock, BJO [BJO DLC] ; ; ; Check ~ Fishtail 5 [BJO DLC] ; ;
SS 8 {Outside Spin} Strong RF trn bk & sd L toe in, -, fwd R outsd ptr cont RF trn, -, (*W fwd R outsd ptr trn RF, -, cl L to R toe spin, -*) ;
SQQ 9 Sd & bk L to CP DRW (*fwd R between ptrs feet*), -, {Right Turning Lock, BJO} Bk R with R sd ld start RF trn, XLIF of R (*W XRIB*) cont trn ;
SS 10 With slight R sd stretch cont trn RF sd & fwd R btwn W's ft DLC, -, fwd L BJO DLC, - ;
SQQ 11 {Check} Fwd R outsd ptr chkg, -, {Fishtail 5} XLIF of R trng 1/8 RF, small fwd & sd R ;
QOS 12 With L sd leading fwd L, lk RIB of L to BJO DLC, fwd L BJO DLC, - ;

13 – 16 Quick Open Reverse [BJO RLOD] ~ Progressive Chasse, Semi [SCP DLW] ; ; ; Chair & Slip [CP DLC] ;
SS 13 {Quick Open Reverse} Fwd R DLC outsd ptr, -, blending to CP fwd comm LF trn, - ;
QOS 14 Cont LF trn sd & bk R, bk L BJO RLOD, {Progressive Chasse, Semi} Bk R comm 3/8 LF trn, - ;
QOS 15 Sd L cont LF trn, cl R, sd & fwd L SCP DLW (*sd & fwd R SCP DLW*), - ;
SQQ 16 {Chair & Slip} Thru R chkg with flexed knees, -, rec L, bk R w/slight rise & LF upper bdy trn to CP DLC (*W thru L chkg, -, rec R, swivel LF on R foot & step fwd L into M*) ;

Part A Mod (16 measures)

- 1 – 12 Chasse Weave [BJO DLW] ; ; ; Running Forward Locks [BJO DLW] ; ; Hairpin [BJO DRW] ; Outside Spin [CP RLOD] ~ Right Turning Lock, BJO [BJO DLC] ; ; ; Check ~ Fishtail 5 [BJO DLC] ; ;**
Repeat Part A measures 1 – 12
- 13 – 16 Quick Open Reverse [BJO RLOD] ~ Box Finish [CP WALL] ~ Small Change of Direction [CP DLW] ; ; ;**
- | | | |
|-----|----|---|
| SS | 13 | {Quick Open Reverse} Fwd R DLC outsd ptr, -, blending to CP fwd comm LF trn, - ; |
| QQS | 14 | Cont LF trn sd & bk R, bk L BJO RLOD, {Box Finish} Bk R comm LF 1/4 trn, - ; |
| QQS | 15 | Sd & slightly fwd L to CP WALL, cl R, {Small Change of Direction} Fwd L comm slight 1/8 LF trn, - ; |
| SS | 16 | Sd R cont LF trn, -, draw L near R to end CP DLW, - ; |

Part B (16 measures)

- 1 – 4 Quarter Turn & Progressive Chasse [BJO DLW] ; ; ; Ending w/Four Quick Run [BJO DLW] ;**
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|--------|-----|--|
| SS QQS | 1–2 | {Quarter Turn & Progressive Chasse} Fwd L, -, fwd R comm RF trn, - ; Sd L trng RF 1/4 to fc DRW, |
| SQQ | 3 | Cl R, sd & bk L, - ; Bk R comm LF trn, -, sd L & slightly fwd trng 1/4 LF to fc DLW, cl R to BJO ; |
| QQQQ | 4 | {Four Quick Run} Fwd L, fwd R, fwd L, lk RIB ; |
- 5 – 8 Forward ~ Maneuver Side Close [CP RLOD] ~ Overturned Spin Turn [CP DRW] ; ; ; Box Finish [CP DLW] ;**
- | | | |
|-----|---|---|
| SS | 5 | {Forward} Fwd L BJO DLW, -, {Maneuver Side Close} Fwd R comm RF trn, - ; |
| QQS | 6 | Sd & bk L cont RF trn, cl R to CP RLOD, {Overturned Spin Turn} Bk L pvt RF 1/2 leaving RF extd, - ; |
| SS | 7 | Fwd R btwn ptr's ft leaving LF extd bk trn 3/8 RF to fc DRW, -, bk L in CP fcg DRW, - ; |
| SQQ | 8 | {Box Finish} Bk R comm 1/4 LF trn, -, sd & slightly fwd L to CP DLW, cl R ; |
- 9 – 12 Quarter Turn & Progressive Chasse [BJO DLW] ; ; ; Ending w/Four Quick Run [BJO DLW] ;**
Repeat Part B measures 1 – 4
- 13 – 16 Forward ~ Maneuver Side Close [CP RLOD] ~ Spin Turn [CP DLW] ; ; ; Box Finish [CP DLC] ;**
- | | | |
|-----|----|--|
| SS | 13 | {Forward} Fwd L BJO DLW, -, {Maneuver Side Close} Fwd R comm RF trn, - ; |
| QQS | 14 | Sd & bk L cont RF trn, cl R to CP RLOD, {Spin Turn} Bk L pvt RF 1/2 leaving RF extd, - ; |
| SS | 15 | Fwd R btwn ptr's ft leaving LF extd bk trn 1/8 RF to fc DLW, -, bk L in CP fcg DLW, - ; |
| SQQ | 16 | {Box Finish} Bk R comm 1/4 LF trn, -, sd & slightly fwd L to CP DLC, cl R ; |

Part C (8 measures)

- 1 – 3 Telemark Semi [SCP DLW] ~ Natural Hover Fallaway [SCP DRW] ; ; ;**
- | | | |
|----|---|--|
| SS | 1 | {Telemark Semi} Fwd L start LF trn, -, sd R arnd W cont trn (<i>W cl L to R heel trn</i>), - ; |
| SS | 2 | Fwd L in SCP DLW, -, {Natural Hover Fallaway} Thru R comm 1/4 RF trn, - ; |
| SS | 3 | Fwd L cont trng RF, -, bk R to SCP fcg DRW, - ; |
- 4 – 8 Slip Pivot [BJO DLW] ~ Maneuver Side Close [CP RLOD] ~ Spin Turn [CP DLW] ; ; ; Box Finish [CP DLC] ;**
- | | | |
|-----|---|---|
| SS | 4 | {Slip Pivot} Bk L DLC in SCP fcg DRW, -, trng W to CP bk R trng LF (<i>W trng LF to CP slip fwd L</i>), - ; |
| SS | 5 | Cont LF trn sd & fwd L to BJO DLW, -, {Maneuver Side Close} Fwd R comm RF trn, - ; |
| QQS | 6 | Sd & bk L cont RF trn, cl R to CP RLOD, {Spin Turn} Bk L pvt RF 1/2 leaving RF extd, - ; |
| SS | 7 | Fwd R btwn ptr's ft leaving LF extd bk trn 1/8 RF trn to fc DLW, -, bk L in CP fcg DLW, - ; |
| SQQ | 8 | {Box Finish} Bk R comm 1/4 LF trn, -, sd & slightly fwd L to CP DLC, cl R ; |

Part A (Repeat)

- 1 – 16 Chasse Weave [BJO DLW] ; ; ; Running Forward Locks [BJO DLW] ; ; Hairpin [BJO DRW] ; Outside Spin [CP RLOD] ~ Right Turning Lock, BJO [BJO DLC] ; ; ; Check ~ Fishtail 5 [BJO DLC] ; ; Quick Open Reverse [BJO RLOD] ~ Progressive Chasse, Semi [SCP DLW] ; ; ; Chair & Slip [CP DLC] ;**

Part D (16 measures)

- 1 – 4 Two Left Turns, BJO [BJO DLW] ; ; Step Hops, 2X [BJO DLW] ; Forward Lock Forward [BJO DLW] ;**
 SQQ SQQ 1–2 {**Two Left Turns**} Fwd L comm LF trn, -, sd & bk R cont RF trn, cl L to R in CP RLOD ;
 Bk R comm LF trn, -, sd & slightly fwd L cont LF trn, cl R to L in BJO DLW ;
 S&S& 3 {**Step Hops, 2X**} Stp L, hop on L, stp R, hop on R in BJO DLW ;
 QQS 4 {**Forward Lock Forward**} Fwd L, lk RIB, fwd L, - in BJO DLW ;
- 5 – 8 Maneuver Side Close [CP RLOD] ; Tipple Chasse Pivot [CP RLOD] ~ Hesitation Change [CP DLC] ; ; ;**
 SQQ 5 {**Maneuver Side Close**} Fwd R comm RF trn, -, sd & bk L cont RF trn, cl R to CP RLOD ;
 SQQ 6 {**Tipple Chasse Pivot**} Bk L comm 1/4 RF trn, -, cont RF trn sd R, cl L ;
 S S 7 Cont trn sd & fwd R pivot RF end CP RLOD, -, {**Hesitation Change**} Bk L comm 3/8 RF turn, - ;
 SS 8 Sd R cont RF trn, -, draw L near R to end CP fcg DLC, - ;
- 9 – 16 Two Left Turns, BJO [CP DLW] ; ; Step Hops, 2X [BJO DLW] ; Forward Lock Forward [BJO DLW] ;
 Maneuver Side Close [CP RLOD] ; Tipple Chasse Pivot [CP RLOD] ~ Hesitation Change [CP DLC] ; ; ;**
 Repeat Part D measures 1 – 8

Part C (Repeat)

- 1 – 8 Telemark Semi [SCP DLW] ~ Natural Hover Fallaway [SCP DRW] ; ; ; Slip Pivot [BJO DLW] ~ Maneuver
 Side Close [CP RLOD] ~ Spin Turn [CP DLW] ; ; ; ; Box Finish [CP DLC] ;**

Part A (Repeat)

- 1 – 16 Chasse Weave [BJO DLW] ; ; ; Running Forward Locks [BJO DLW] ; ; Hairpin [BJO DRW] ; Outside Spin
 [CP RLOD] ~ Right Turning Lock, BJO [BJO DLC] ; ; ; Check ~ Fishtail 5 [BJO DLC] ; ; ; Quick Open Reverse
 [BJO RLOD] ~ Progressive Chasse, Semi [SCP DLW] ; ; ; Chair & Slip [CP DLC] ;**

Ending (6 measures)

- 1 – 2 Two Left Turns, BJO DLW [BJO DLW] ; ;**
 SQQ SQQ 1–2 {**Two Left Turns**} Fwd L comm LF trn, -, sd & bk R cont RF trn, cl L to R in CP RLOD ;
 Bk R comm LF trn, -, sd & slightly fwd L cont LF trn, cl R to L in BJO DLW ;
- 3 – 5 Forward ~ Maneuver Side Close [CP RLOD] ~ Impetus Semi [SCP DLC] ; ; ;**
 S S 3 {**Forward**} Fwd L BJO DLW, -, {**Maneuver Side Close**} Fwd R comm RF trn, - ;
 QQS 4 Sd & bk L cont RF trn, cl R to CP RLOD, {**Impetus Semi**} Bk L draw R to L trng RF on L heel (*W fwd R
 trng RF*), - ;
 SS 5 Cl R to L cont trn rise to toe (*W sd & fwd L cont trn*), -, fwd L (*W fwd R*) to SCP fcg DLC, - ;
- 6 Thru Promenade Sway & Change Sway ;**
 SS 6 {**Thru Promenade Sway**} Thru R in SCP, -, fwd L in prom sway looking LOD with R sd stretch,
 & {**Change Sway**} On last beat of music chg to oversway with L sd stretch ;

Head Cues

Intro

1 – 8 Wait [Fcg Wall, trl hnds jnd, ld hnds tchg] ; ; Explode Apart ; Shape Together Touch ; Circle Walk 4, DLW ; ; Together Touch ; Box Finish, DLC ;

Part A

1 – 16 Chasse Weave ; ; ; Running Forward Locks ; ; Hairpin ; Outside Spin ~ Right Turning Lock, BJO DLC ; ; ; Check ~ Fishtail 5 ; ; Quick Open Reverse ~ Progressive Chasse Semi ; ; ; Chair & Slip, DLC ;

Part A Mod

1 – 16 Chasse Weave ; ; ; Running Forward Locks ; ; Hairpin ; Outside Spin ~ Right Turning Lock, BJO DLC ; ; ; Check ~ Fishtail 5 ; ; Quick Open Reverse ~ Box Finish, Wall ~ Small Change of Direction, DLW ; ; ;

Part B

1 – 16 Quarter Turn & Progressive Chasse ; ; ; Ending w/Four Quick Run ; Forward ~ Maneuver Side Close ~ Overturn Spin Turn, DRW ; ; ; Box Finish, DLW ; Quarter Turn & Progressive Chasse ; ; ; Ending w/Four Quick Run ; Forward ~ Maneuver Side Close ~ Spin Turn, DLW ; ; ; Box Finish, DLC ;

Part C

1 – 8 Telemark Semi ~ Natural Hover Fallaway ; ; ; Slip Pivot ~ Maneuver Side Close ~ Spin Turn ; ; ; ; Box Finish, DLC ;

Part A

1 – 16 Chasse Weave ; ; ; Running Forward Locks ; ; Hairpin ; Outside Spin ~ Right Turning Lock, BJO DLC ; ; ; Check ~ Fishtail 5 ; ; Quick Open Reverse ~ Progressive Chasse Semi ; ; ; Chair & Slip, DLC ;

Part D

1 – 16 Two Left Turns, BJO ; ; Step Hops, 2X ; Forward Lock Forward ; Maneuver Side Close ; Tipple Chasse Pivot ~ Hesitation Change, DLC ; ; ; Two Left Turns, BJO ; ; Step Hops, 2X ; Forward Lock Forward ; Maneuver Side Close ; Tipple Chasse Pivot ~ Hesitation Change, DLC ; ; ;

Part C

1 – 8 Telemark Semi ~ Natural Hover Fallaway ; ; ; Slip Pivot ~ Maneuver Side Close ~ Spin Turn ; ; ; ; Box Finish, DLC ;

Part A

1 – 16 Chasse Weave ; ; ; Running Forward Locks ; ; Hairpin ; Outside Spin ~ Right Turning Lock, BJO DLC ; ; ; Check ~ Fishtail 5 ; ; Quick Open Reverse ~ Progressive Chasse Semi ; ; ; Chair & Slip, DLC ;

Ending

1 – 6 Two Left Turns, BJO ; ; Forward ~ Maneuver Side Close ~ Impetus Semi ; ; ; Thru Promenade Sway ~ Change Sway ;