

If I Were A Painting

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Music: "If I Were A Painting" by Aldo Capicchioni, "Rimini Open Volume 7 – Balls Of Fire"
MP3 download available from <https://www.casa-musica-shop.de>

Rhythm & Phase: Waltz Phase IV + 1 (Change of Sway) **Original Time:** 2:26 at 29 MPM

Footwork: Opposite (except where noted) **Tempo:** 44 RPM

Sequence: Introduction, A, B, Bridge, A, B, A (11 – 16), Bridge (mod), Ending

Released: November 2, 2019 **Revised:** December 12, 2019

Introduction

1 – 4 Wait ; ; Explode Apart ; Spin Maneuver ;

1 – 2 Wait two measures, fcg ptr w/trail hnds }joined, lead hnds down by side ; ;

1-- 3 {**Explode Apart**} Swiveling LF ½ on R ft sd L & bk twd COH, L arm swinging up (*W swiveling RF ½ on L ft sd R & bk twd Wall, R arm swinging up*), -, - ;

123 4 {**Spin Maneuver**} Releasing trail hnds fwd R comm RF trn, sd L cont RF trn, cl R (*W full LF spin L, R, L*) to CP RLOD ;

Part A

1 – 4 Spin Turn ; Box Finish ; Turn Left & Right Chasse ; Back Back/Lock Back ;

123 1 {**Spin Turn**} Bk L pivot ½ RF, fwd R w/hover action cont RF trn, bk L (*W fwd R pivot ½ RF, bk L cont RF trn brush R to L, fwd R*) to CP DLW ;

123 2 {**Box Finish**} Bk R comm LF trn, sd L, cl R to L to CP DLC ;

12&3 3 {**Turn Left & Right Chasse**} Fwd L comm LF trn, sd R/cl L, sd R to BJO DRC ;

12&3 4 {**Back Back/Lock Back**} Bk L, bk R/lk L in front of R, bk R in BJO ;

5 – 8 Impetus Semi ; In & Out Runs ; ; Thru Face Close ;

123 5 {**Impetus Semi**} Bk L, cl R [heel trn] comm RF trn, comp RF trn fwd L to SCP DLW ;

123 123 6 – 7 {**In & Out Runs**} Thru R comm RF trn, sd & slightly bk L, bk R (*W thru L, fwd R between M's feet trng RF, fwd L*) to BJO ; Bk L comm RF trn, sd & fwd R between W's feet cont RF trn, fwd L (*fwd R comm RF trn, fwd & sd L cont RF trn, fwd R*) to SCP DLW ;

123 8 {**Thru Face Close**} Thru R trng to face, sd L, cl R to L in CP DLW ;

9 – 12 Whisk ; Wing ; Telemark Semi ; Cross Pivot SCAR ;

123 9 {**Whisk**} Fwd L, sd & slightly fwd R, XLIB w/RF upper body trn to SCP DLC ;

1- 10 {**Wing**} Fwd R comm LF trn, draw L to R cont slight LF trn, - (*W fwd L comm curving around M, fwd R cont curving around M, fwd L*) to SCAR DLC ;

123 11 {**Telemark Semi**} Fwd L comm LF trn, sd R w/L sd lead cont LF trn, sd & slightly fwd L (*W bk R comm LF trn bring L foot to R, trn LF on R heel [heel turn] and chg wgt to L, sd & slightly fwd R*) to SCP DLW ;

123 12 {**Cross Pivot SCAR**} Thru R comm RF trn, sd & slightly bk L cont RF trn, sd & slightly fwd R to SCAR DLC (*W thru L, fwd R between M's feet trng RF, cont trng sd & slightly bk L*) ;

13 – 16 Cross Hover BJO ; Fwd Check Lady Develope ; Outside Swivel ; Pickup ;

123 13 {**Cross Hover BJO**} XLIF, fwd & sd R w/slight rise comm RF trn, sd & slightly fwd to BJO DLC ;

1-- 14 {**Fwd Check Lady Develope**} Lower & chk fwd R w/L side stretch, -, - (*W chk bk L, bend R knee, kick R leg fwd*) ;

1-- 15 {**Outside Swivel**} Bk L w/RF body rotation (*W fwd R swiveling RF*), -, - to SCP DLC ;

123 16 {**Pickup**} Fwd R, sd & slightly fwd L, cl R (*W thru L trng LF picking up, sd & slightly bk R, cl L*) ;

Part B

- 1 – 4 One Left Turn ; Hover Corte ; Back Whisk ; Thru Chasse BJO ;**
- 123 1 {**One Left Turn**} Fwd L comm LF trn, sd & slightly bk R cont LF trn, cl L to R ;
- 123 2 {**Hover Corte**} Bk R LOD comm LF trn, sd & fwd L w/hover action cont LF trn, rec R with R sd lead to BJO DLW ;
- 123 3 {**Back Whisk**} Bk L comm RF trn, sd & slightly fwd R, XLIB w/RF upper body trn to SCP LOD ;
- 12&3 4 {**Thru Chasse BJO**} Thru R, fwd L/cl R, fwd L to BJO DLW ;
- 4 – 8 Fwd Fwd/Lk Fwd ; Maneuver ; Spin Turn ; Box Finish ;**
- 12&3 5 {**Fwd Fwd/Lock Fwd**} Fwd R, fwd L/lk R in back of L, fwd L ;
- 123 6 {**Maneuver**} Fwd R comm RF trn, sd & slightly bk L cont RF trn, cl R to CP RLOD ;
- 123 7 {**Spin Turn**} Bk L pivot ½ RF, fwd R w/hover action cont RF trn, bk L (*W fwd R pivot ½ RF, bk L cont RF trn brush R to L, fwd R*) to CP DLW ;
- 123 8 {**Box Finish**} Bk R comm LF trn, sd L, cl R to L to CP DLC ;

Bridge

- 1 – 4 Drag Hesitation ; Bk Bk/Lk Bk ; Impetus Semi ; Maneuver ;**
- 12- 1 {**Drag Hesitation**} Fwd L comm slight LF trn, sd R, draw L to R in BJO ;
- 12&3 2 {**Bk Bk/Lk Bk**} Bk L, bk R/lk L in front of R, bk R in BJO ;
- 123 3 {**Impetus Semi**} Bk L, cl R [heel trn] comm RF trn, comp RF trn fwd L to SCP DLW ;
- 123 4 {**Maneuver**} Fwd R comm RF trn, sd & slightly bk L cont RF trn, cl R to CP RLOD ;

Part A (repeats)

- 1 – 16 Spin Turn ; Box Finish ; Turn Left & Right Chasse ; Back Back/Lock Back ; Impetus Semi ; In & Out Runs ; ; Thru Face Close ; Whisk ; Wing ; Telemark Semi ; Cross Pivot SCAR ; Cross Hover BJO ; Fwd Check Lady Develope ; Outside Swivel ; Pickup ;**

Part B (repeats)

- 1 – 8 One Left Turn ; Hover Corte ; Back Whisk ; Thru Chasse BJO ; Fwd Fwd/Lk Fwd ; Maneuver ; Spin Turn ; Box Finish ;**

Part A (11 - 16)

- 1 – 6 Telemark Semi ; Cross Pivot SCAR ; Cross Hover BJO ; Fwd Check Lady Develope ; Outside Swivel ; Pickup ;**

Bridge (modified)

- 1 – 4 Drag Hesitation ; Bk Bk/Lk Bk ; Impetus Semi ; Thru Face Close ;**
- 12- 1 {**Drag Hesitation**} Fwd L comm slight LF trn, sd R, draw L to R in BJO ;
- 12&3 2 {**Bk Bk/Lk Bk**} Bk L, bk R/lk L in front of R, bk R in BJO ;
- 123 3 {**Impetus Semi**} Bk L, cl R [heel trn] comm RF trn, comp RF trn fwd L to SCP DLW ;
- 123 4 {**Thru Face Close**} Thru R trng to face, sd L, cl R to L in CP ;

Ending

- 1 – 2 Side to Promenade Sway ; Change the Sway ;**
- 1-- 1 **{Side to Promenade Sway}** Sd & slightly fwd L in SCP stretch body upward looking over joined lead hnds, relax L knee while leaving R leg extended, - ;
- 2 **{Change the Sway}** Relax L knee w/slight LF rotation & L side stretch keeping R leg extended, cont slight LF rotation & L side stretch leading W to look L, - ;

Head Cues

Intro

1 – 4 Wait ; ; Explore Apart ; Spin Maneuver ;

Part A

1 – 4 Spin Turn ; Box Finish ; Turn L & R Chasse ; Bk Bk/Lk Bk ;

5 – 8 Impetus Semi ; In & Out Runs ; ; Thru Face Close ;

9 – 12 Whisk ; Wing ; Telemark Semi ; Cross Pivot SCAR ;

13 – 16 Cross Hover BJO ; Fwd Check Lady Develope ; Outside Swivel ; Pickup ;

Part B

1 – 4 One Left Turn ; Hover Corte ; Back Whisk ; Thru Chasse BJO ;

5 – 8 Fwd Fwd/Lk Fwd ; Maneuver ; Spin Turn ; Box Finish ;

Bridge

1 – 4 Drag Hesitation ; Bk Bk/Lk Bk ; Impetus Semi ; Maneuver ;

Part A

1 – 4 Spin Turn ; Box Finish ; Turn L & R Chasse ; Bk Bk/Lk Bk ;

5 – 8 Impetus Semi ; In & Out Runs ; ; Thru Face Close ;

9 – 12 Whisk ; Wing ; Telemark Semi ; Cross Pivot SCAR ;

13 – 16 Cross Hover BJO ; Fwd Check Lady Develope ; Outside Swivel ; Pickup ;

Part B

1 – 4 One Left Turn ; Hover Corte ; Back Whisk ; Thru Chasse BJO ;

5 – 8 Fwd Fwd/Lk Fwd ; Maneuver ; Spin Turn ; Box Finish ;

Part A (11 – 16)

11 – 16 Telemark Semi ; Cross Pivot SCAR ; Cross Hover BJO ; Fwd Check Lady Develope ; Outside Swivel ; Pickup ;

Bridge (modified)

1 – 4 Drag Hesitation ; Bk Bk/Lk Bk ; Impetus Semi ; Thru Face Close ;

Ending

1 – 2 Side to Promenade Sway ; Change the Sway ;