

# Psicofonía 4

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**Music:** “Psicofonía” by Gloria Trevi, from the album “Psicofonía”  
MP3 download from Amazon (song id 274533358), Original length: 3:45  
Cut first 28 seconds, fade in from start to 1 second, Final length: 3:18  
<https://www.youtube.com/watch?v=PnEgreX8cSo> (first 28 seconds already removed)

**Video:** <https://www.youtube.com/watch?v=1D9ztyRcDGO>

**Rhythm & Phase:** Tango Phase IV **Tempo:** 45 RPM

**Footwork:** Opposite (*except where noted*)

**Sequence:** Introduction, A, B, C, D, A, B(modified), D(modified), B(modified), Ending

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## Introduction (1 measure)

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**1** Wait [CP DLW, Trail feet free] ;

1 Wait in CP fcg DLW ;

## Part A (8 measures)

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**1 – 2** Right Lunge [CP DLW] ~ Back Corte [CP DLC] ; ;

S | SQQS 1 – 2 {Right Lunge} Lunge sd & fwd R (*W's head to L*), - , {Back Corte} Bk L w/RF upper body trn to op W's hd, - ; bk R comm LF trn, sd & fwd L cont LF trn, cl R to CP DLC, - ;

**3 – 4** Reverse Turn w/Closed Finish [CP DLW] ; ;

QQSQQS 3 – 4 {Reverse Turn w/Closed Finish} Fwd L comm LF trn, sd & bk R (*W heel trn*), bk L in CP fcg RLOD, - ; bk R comm LF trn, sd & fwd L cont LF trn to CP DLW, cl R, - ;

**5 – 6** Progressive Link [SCP LOD] ~ Closed Promenade [CP DLW] ; ;

QQ | SQQS 5 – 6 {Progressive Link} Fwd L w/strong contra body, trng RF sharply cl R (*W bk R, trng RF sd L*) to SCP [suggested timing &S], {Closed Promenade} Fwd L in SCP, - ; thru R, sd & fwd L trng body slightly LF trn W to CP (*W sd & bk R trn LF to CP*), cl R CP DLW, - ;

**7 – 8** Walk 2 [CP DLW] ; Progressive Link & Hold [SCP LOD] ;

SS 7 {Walk 2} Fwd L, - , fwd R, - ;

QQ-- 8 {Progressive Link & Hold} Fwd L w/strong contra body, trng RF sharply cl R (*W bk R, trng RF sd L*) to SCP [suggested timing &S], - , - ;

## Part B (8 measures)

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**1 – 4** Slow Forward Points, 3X [SCP LOD] ; ; ; Closed Promenade Ending [CP DLW] ;

S--S--S-- 1 – 3 {Slow Forward Points, 3X} Fwd L in SCP slowly pt R LOD, - , - , - ; Fwd R in SCP slowly pt L LOD, - , - , - ; Fwd L in SCP slowly pt R LOD, - , - , - ;

(Stalking Walks can be substituted here to make this a IV+1 dance)

QQS 4 {Closed Promenade Ending} Fwd R, sd & fwd L trng body slightly LF trn W to CP (*W sd & bk R trn LF to CP*), cl R CP DLW, - ;

**5 – 8** Forward Right Lunge [CP DLW] ; Rock Turn [CP DLW] ; ; Side Stairs 4 [CP DLW] ;

SS 5 {Forward Right Lunge} Fwd L DLW trng body slightly LF, - , lunge sd & fwd R (*W's head to L*), - ;

QQSQQS 6 – 7 {Rock Turn} Bk L comm 1/4 RF trn, cont RF trn rec R, rec bk L, - ; bk R comm 1/4 LF trn, cont RF trn sd & slightly fwd L, cl R, - ;

QQQQ 8 {Side Stairs 4} Sd L, cl R, sd L, cl R ;

## Part C (9½ measures)

- 1 – 2.5 Curved Walk 2 [CP DLC] ; Telemark Semi [SCP DLW] ; ; Pickup [CP DLW] ;**
- SS 1 {**Curved Walk 2**} Fwd L comm LF trn, -, fwd R cont LF trn ending DLC, - ;
- QQS 2 {**Telemark Semi**} Fwd L comm LF trn, sd R cont LF trn, sd & slightly fwd L (*W bk R comm LF trn bring L foot to R, trn LF on R heel [heel turn] and chg wgt to L, sd & slightly fwd R*) to SCP DLW, - ;
- S 2.5 {**Pickup**} Fwd R w/slight LF trn (*W fwd L picking up*), tap L beside R in CP DLW [suggested timing &S] ; **Note: This measure has only 2 beats of music**
- 3 – 4 Side Stairs 4 [CP DLW] ; Curved Walk 2 [CP DLC] ;**
- QQQQ 3 {**Side Stairs 4**} Sd L, cl R, sd L, cl R ;
- SS 4 {**Curved Walk 2**} Fwd L comm LF trn, -, fwd R cont LF trn ending DLC, - ;
- 5 – 6 Telemark Semi [SCP DLW] ; Closed Promenade Ending [CP DLW] ;**
- QQS 5 {**Telemark Semi**} Fwd L comm LF trn, sd R cont LF trn, sd & slightly fwd L (*W bk R comm LF trn bring L foot to R, trn LF on R heel [heel turn] and chg wgt to L, sd & slightly fwd R*) to SCP DLW, - ;
- QQS 6 {**Closed Promenade Ending**} Thru R, sd & fwd L trng body slightly LF trn W to CP (*W sd & bk R trn LF to CP*), cl R CP DLW, - ;
- 7 – 9 Forward Right Lunge [CP DLW] ; Rock Recover [CP DLW] ~ Back Corte [CP DLC] ; ;**
- SS 7 {**Forward Right Lunge**} Fwd L DLW trng body slightly LF, - , lunge sd & fwd R (*W's head to L*), - ;
- QQ | SQQS 8 – 9 {**Rock Recover**} Rk bk L, rec R, {**Back Corte**} Bk L w/RF upper body trn to op W's hd, - ; bk R comm LF trn, sd & fwd L cont LF trn, cl R to CP DLC, - ;

## Part D (17 measures)

- 1 – 2 Reverse Turn w/Closed Finish [CP DLW] ; ;**
- QQSQQS 1 – 2 {**Reverse Turn w/Closed Finish**} Fwd L comm LF trn, sd & bk R (*W heel trn*), bk L in CP fcg RLOD, - ; bk R comm LF trn, sd & fwd L cont LF trn to CP DLW, cl R, - ;
- 3 – 5 Progressive Link [SCP LOD] ~ Closed Promenade [CP DLW] ; ; Side Stairs 4 [CP DLW] ;**
- QQ | SQQS 3 – 4 {**Progressive Link**} Fwd L w/strong contra body, trng RF sharply cl R (*W bk R, trng RF sd L*) to SCP [suggested timing &S], {**Closed Promenade**} Fwd L in SCP, - ; thru R, sd & fwd L trng body slightly LF trn W to CP (*W sd & bk R trn LF to CP*), cl R CP DLW, - ;
- QQQQ 5 {**Side Stairs 4**} Sd L, cl R, sd L, cl R ;
- 6 – 8 Curved Walk 2 [CP DLC] ; Open Reverse Turn w/Open Finish & Check [BJO DLW] ; ;**
- SS 6 {**Curved Walk 2**} Fwd L comm LF trn, - , fwd R cont LF trn ending DLC, - ;
- QQSQQS 7 – 8 {**Open Reverse Turn w/Open Finish & Check**} Fwd L comm LF trn, sd & bk R cont LF trn, bk L in BJO fcg RLOD, - ; bk R trng LF, sd & fwd L cont LF trn, fwd R outsd ptr checking in BJO DLW, - ;
- 9 – 10 Outside Swivel 2X [BJO LOD] ; Back Whisk [SCP LOD] ;**
- SS 9 {**Outside Swivel 2X**} Bk L brush R in front of L trng W to SCP DLW, - , fwd R trng W to BJO LOD, - (*W fwd R swvlg RF to SCP DLW, - , fwd L swvlg LF to BJO LOD, -*) ;
- QQS 10 {**Back Whisk**} Bk L comm RF trn to fc WALL, sd R, XLIB w/RF upper body trn to SCP LOD, - ;
- 11 – 12 Recover Tap [SCP LOD] ~ Closed Promenade [CP DLW] ; ;**
- Q- | SQQS 11 – 12 {**Recover Tap**} Fwd R in SCP, tap L beside R [suggested timing &S], {**Closed Promenade**} Fwd L in SCP, - ; thru R, sd & fwd L trng body slightly LF trn W to CP (*W sd & bk R trn LF to CP*), cl R CP DLW, - ;
- 13 – 14 Side Stairs 4 [CP DLW] ; Curved Walk 2 [CP DLC] ;**
- QQQQ 13 {**Side Stairs 4**} Sd L, cl R, sd L, cl R ;
- SS 14 {**Curved Walk 2**} Fwd L comm LF trn, - , fwd R cont LF trn ending DLC, - ;

- 15 – 16 Telemark Semi [SCP DLW] ; Closed Promenade Ending [CP DLW] ;**  
 QQS 15 {Telemark Semi} Fwd L comm LF trn, sd R cont LF trn, sd & slightly fwd L (*W bk R comm LF trn bring L foot to R, trn LF on R heel [heel turn] and chg wgt to L, sd & slightly fwd R*) to SCP DLW, - ;  
 QQS 16 {Closed Promenade Ending} Thru R, sd & fwd L trng body slightly LF trn W to CP (*W sd & bk R trn LF to CP*), cl R CP DLW, - ;
- 17 Tango Close [CP DLW] ;**  
 QQS 17 {Tango Close} Fwd L in CP DLW, sd R, cl L, - ;

### Part A (8 measures) – Repeat

- 1 – 8 Right Lunge [CP DLW] ~ Back Corte [CP DLC] ; ; Reverse Turn w/Closed Finish [CP DLW] ; ; Progressive Link [SCP LOD] ~ Closed Promenade [CP DLW] ; ; Walk 2 [CP DLW] ; Progressive Link & Hold [SCP LOD] ;**

### Part B Modified (8 measures)

- 1 – 7 Slow Forward Points, 3X [SCP LOD] ; ; ; Closed Promenade Ending [CP DLW] ; Forward Right Lunge [CP DLW] ; Rock Turn [CP DLW] ; ;**
- 8 Curved Walk 2 [CP DLC] ;**  
 SS 8 {Curved Walk 2} Fwd L comm LF trn, - , fwd R cont LF trn ending DLC, - ;

### Part D Modified (16 measures)

- 1 – 14 Reverse Turn w/Closed Finish [CP DLW] ; ; Progressive Link [SCP LOD] ~ Closed Promenade [CP DLW] ; ; Side Stairs 4 [CP DLW] ; Curved Walk 2 [CP DLC] ; Open Reverse Turn w/Open Finish & Check [BJO DLW] ; ; Outside Swivel 2X [BJO LOD] ; Back Whisk [SCP LOD] ; Recover Tap [SCP LOD] ~ Closed Promenade [CP DLW] ; ; Side Stairs 4 [CP DLW] ; Walk 2 [CP DLW] ;**
- 15 – 16 Progressive Link [SCP LOD] ~ Promenade [SCP LOD] ; ;**  
 QQ | SQQS 15 – 16 {Progressive Link} Fwd L w/strong contra body, trng RF sharply cl R (*W bk R, trng RF sd L*) to SCP [suggested timing &S], {Promenade} Fwd L in SCP, - ; thru R, sd & fwd L, cl R CP DLW, - ;

### Part B Modified (8 measures) – Repeat

- 1 – 8 Slow Forward Points, 3X [SCP LOD] ; ; ; Closed Promenade Ending [CP DLW] ; Forward Right Lunge [CP DLW] ; Rock Turn [CP DLW] ; ; Curved Walk 2 [CP DLC] ;**

### Ending (9 measures)

- 1 – 6 Reverse Turn w/Closed Finish [CP DLW] ; ; Progressive Link [SCP LOD] ~ Closed Promenade [CP DLW] ; ; Side Stairs 4 [CP DLW] ; Curved Walk 2 [CP DLC] ;**  
 1 – 6 Repeat measures 1 – 6 of Part D
- 7 – 9 Open Reverse Turn w/Closed Finish [CP DLW] ; ; Back Corte w/Leg Crawl & Extend [CP DLW] ;**  
 QQSQQS 7 – 8 {Open Reverse Turn w/Closed Finish} Fwd L comm LF trn, sd & bk R cont LF trn, bk L in BJO fcg RLOD, - ; bk R trng LF, sd & fwd L cont LF trn, cl R CP DLW, - ;  
 S-- 9 {Back Corte w/Leg Crawl & Extend} Bk L w/R shoulder lead lower into L knee, - , w/o chg wgt rise slightly to lead W's leg crawl (*W brings L leg up along M's R outer thigh*), - ;

\* A vertical bar "|" shown in the timing listed in the margin separates individual figures

## Head Cues (with suggested timing)

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### Intro

1 Wait (CP DLW, Trail feet free) ;

### Part A

1 – 4 Right Lunge [CP DLW] ~ Back Corte [CP DLC] ; ; Reverse Turn w/Closed Finish [CP DLW] ; ;

5 – 8 Progressive Link [SCP LOD] ~ Closed Promenade [CP DLW] ; ; Walk 2 [CP DLW] ; Progressive Link & Hold [SCP LOD] ;

### Part B

1 – 5 Slow Forward Points, 3X [SCP LOD] ; ; ; Closed Promenade Ending [CP DLW] ; Forward Right Lunge [CP DLW] ;

6 – 8 Rock Turn [CP DLW] ; ; Side Stairs 4 [CP DLW] ;

### Part C

1 – 2½ Curved Walk 2 [CP DLC] ; Telemark Semi [SCP DLW] ; Pickup [CP DLW] (2 beat measure) ;

3 – 6 Side Stairs 4 [CP DLW] ; Curved Walk 2 [CP DLC] ; Telemark Semi [SCP DLW] ; Closed Promenade Ending [CP DLW] ;

7 – 9 Forward Right Lunge [CP DLW] ; Rock Recover [CP DLW] ~ Back Corte [CP DLC] ; ;

### Part D

1 – 4 Reverse Turn w/Closed Finish [CP DLW] ; ; Progressive Link [SCP LOD] ~ Closed Promenade [CP DLW] ; ;

5 – 8 Side Stairs 4 [CP DLW] ; Curved Walk 2 [CP DLC] ; Open Reverse Turn w/Open Finish & Check [BJO DLW] ; ;

9 – 12 Outside Swivel 2X [BJO LOD] ; Back Whisk [SCP LOD] ; Recover Tap [SCP LOD] ~ Closed Promenade [CP DLW] ; ;

13 – 16 Side Stairs 4 [CP DLW] ; Curved Walk 2 [CP DLC] ; Telemark Semi [SCP DLW] ; Closed Promenade Ending [CP DLW] ;

17 Tango Close [CP DLW] ;

### Part A

1 – 4 Right Lunge [CP DLW] ~ Back Corte [CP DLC] ; ; Reverse Turn w/Closed Finish [CP DLW] ; ;

5 – 8 Progressive Link [SCP LOD] ~ Closed Promenade [CP DLW] ; ; Walk 2 [CP DLW] ; Progressive Link & Hold [SCP LOD] ;

### Part B (modified)

1 – 5 Slow Forward Points, 3X [SCP LOD] ; ; ; Closed Promenade Ending [CP DLW] ; Forward Right Lunge [CP DLW] ;

6 – 8 Rock Turn [CP DLW] ; ; Curved Walk 2 [CP DLC] ;

### Part D (modified)

1 – 4 Reverse Turn w/Closed Finish [CP DLW] ; ; Progressive Link [SCP LOD] ~ Closed Promenade [CP DLW] ; ;

5 – 8 Side Stairs 4 [CP DLW] ; Curved Walk 2 [CP DLC] ; Open Reverse Turn w/Open Finish & Check [BJO DLW] ; ;

9 – 12 Outside Swivel 2X [BJO LOD] ; Back Whisk [SCP LOD] ; Recover Tap [SCP LOD] ~ Closed Promenade [CP DLW] ; ;

13 – 16 Side Stairs 4 [CP DLW] ; Walk 2 [CP DLW] ; Progressive Link [SCP LOD] ; Promenade [SCP LOD] ;

### Part B (modified)

1 – 5 Slow Forward Points, 3X [SCP LOD] ; ; ; Closed Promenade Ending [CP DLW] ; Forward Right Lunge [CP DLW] ;

6 – 8 Rock Turn [CP DLW] ; ; Curved Walk 2 [CP DLC] ;

### Ending

1 – 4 Reverse Turn w/Closed Finish [CP DLW] ; ; Progressive Link [SCP LOD] ~ Closed Promenade [CP DLW] ; ;

5 – 8 Side Stairs 4 [CP DLW] ; Curved Walk 2 [CP DLC] ; Open Reverse Turn w/Closed Finish [CP DLW] ; ;

9 Back Corte w/Leg Crawl [CP DLW] ;

## Psicofonía Lyrics

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### Spanish

Él no descansa en paz  
Su alma llora, llora, él no se conforma con la soledad

Desde que ya no está  
Él empezó a vagar  
Su alma penitente sin opción a muerte por la eternidad

Se conocieron en un frío diciembre, tres años atrás  
Él quería asustarla por el ventanal  
Ella lo asustó cuando le sonrió  
Él miró sus ojos y cayó en su fondo hasta su corazón

Ella es una loca, loca perdida  
Él adora su alma herida  
Y se amaron bailando sin tiempos  
Psicofonías que él cantaba en el viento

Ella es una loca, loca perdida  
Él se aparece en fuego y policromías  
El fantasma y la loca se quieren casar  
El padre de ella no lo quiere aceptar

Mas una maldición  
Lo ata en la mansión  
Por eso él canta, canta y el viento se lleva su lamentación

Si pones atención  
Escucharás su voz  
Y seguro que ella allá en su blanca celda  
Baila psicofonías de amor

Ella es una loca, loca perdida  
Él adora su alma herida  
Y se amaron bailando sin tiempos  
Psicofonías que él cantaba en el viento

Ella es una loca, loca perdida  
Él se aparece en fuego y policromías  
El fantasma y la loca se quieren casar  
El padre de ella no lo quiere aceptar

Ella es una loca, loca perdida  
Él la adora, ella nunca lo olvida  
Pues la envuelve con psicofonías  
Los muertos nos hablan, algunos nos aman

### English

He doesn't rest in peace  
His soul cries, cries, he doesn't settle for loneliness

Since he's no longer  
He began to wander  
His penitent soul with no option of death for eternity

They met on a cold December, three years ago  
He wanted to scare her through the window  
She scared him when she smiled at him  
He looked into her eyes and fell deep into her heart

She is a crazy, lost crazy  
He adores her wounded soul  
And they loved each other, dancing without time  
Psicofonías that he sang in the wind

She is a crazy, lost crazy  
He appears in fire and polychromes  
The ghost and the insane girl want to get married  
Her father doesn't want to accept it.

But a curse  
Binds him in the mansion  
That's why he sings, sings and the wind carries away  
his lament

If you pay attention  
You will hear his voice  
And surely she, in her white cell  
Dance psychophonies of love

She is a crazy, lost crazy  
He adores her wounded soul  
And they loved each other, dancing without time  
Psicofonías that he sang in the wind

She is a crazy, lost crazy  
He appears in fire and polychromes  
The ghost and the insane girl want to get married  
Her father doesn't want to accept it

She is a crazy, lost crazy  
He adores her, she never forgets him  
Because he envelops her with psychophonies  
The dead speak to us, some love us